



York Population Health Hub Newsletter



Issue 2
December
2022

Welcome to the second edition of the York Population Health Hub newsletter!

We are a multi-organisation group which brings together colleagues from the local authority, health, public health, and business intelligence to enable, analyse and undertake population health management approaches in York. This is the second edition of our newsletter, and we are pleased to update you on the work we have been undertaking in partnership in York.



Summary of 2022

Enabling

Learning Lunches
Newsletters and Website
Dashboard Training
Launch of RAIDR Dashboards:
'Waiting Well'
'Population Health Management'

Analysing

Datapacks: The CORE20PLUS framework in York Place Mapping project – PCNs to CYC wards
Primary Care Mortality Analysis
Small Area Analysis of A+E activity in York
The Health Impacts of the Cost of Living Crisis
Asthma in York

Doing

Projects: Early Support for those living with Diabetes (complete)
Waiting Well (ongoing)
Respiratory Social Prescribing (launching early 2023)
Dementia Brian Café (launching early 2023)

For more information see <https://www.healthyork.org/population-health-hub.aspx>

Summary of the aims of the York Population Health Hub

Newsletter Content

INTRODUCTION

HEALTH NEEDS ASSESSMENTS UPDATE

COST OF LIVING DATA PACK- UNDERSTANDING THE HEALTH IMPACTS

WAITING WELL

YORK HEALTH AND CARE PARTNERSHIP WEBSITE LAUNCH

28,820 people in York (12.4%) have high blood pressure



What is PHM?

Population Health Management (PHM) is about improving the physical and mental health outcomes and wellbeing of people within and across a defined local, regional, or national population, while reducing health inequalities. This includes action to reduce the occurrence of ill health, action to deliver appropriate health and care services and action on the wider determinants of health and requires working with communities and partner agencies.

In July this year, Integrated Care Systems were established across England to bring together organisations to plan and deliver joined up health and care services, and to improve the lives of people who live and work in their area. Reducing health inequalities are at the heart of this reform, and York, as part of the Humber and North Yorkshire ICS, is wholly committed to reducing health inequalities and improving outcomes for our residents.

We know this work has never been more important.

The York Population Health Hub recently produced a Cost-of-Living data pack focussed on understanding and reducing the Health impacts to support services who are helping the most vulnerable members of our society (read further to learn more). We found that there is a threefold difference geographically in York between the ward with the highest number of people living in fuel poverty, and that the number of vouchers allocated at York Foodbank has been around 60% higher every month against the same month last year.

In response to this, the York Population Health Hub, in partnership with York CVS, are undertaking a proactive social prescribing project focussed on supporting individuals with respiratory conditions who are likely to be affected by the cost-of-living crisis and people who are at risk of non-elective admission. We will provide an update on this project in a future edition of our newsletter.

We hope you find this an interesting read and do get in touch if you'd like to know more about our work. We hope you have a restful holiday period and look forward to working together in partnership in the new year.



The Early Years needs assessment is now complete. The Early Years Foundation has produced a guidance document to support local authorities in producing needs assessments for the Family Hubs programme. A final cross-reference of topics included in guidance document against topics in the York document is being undertaken before the final document is published.

The Drug and Alcohol needs assessment is on going. First stage completed, with local and national data trends analysed. Next stage is to include feedback from service users survey and other local qualitative feedback.

The Sexual Health needs assessment is ongoing and is due for completion by Christmas. Local and national data has been analysed and reported on and this forms the first part of the assessment. It is worth noting that the COVID-19 pandemic has had an effect on service provision and this is reflected in many of the key statistics when analysing trends. A colleague from health protection is providing a narrative based on the results of service users and stakeholders surveys which will form part two. Part three will look at the numbers of referrals and visits to sexual health services in York.

The Gypsy & Traveller health needs assessment is still in progress. The York Traveller's Trust is conducting a survey to find out about the physical and mental health experiences of the community. At present, we know little about the members who reside in our city and this is also reflected nationally. This collation of primary data will therefore be invaluable to help ensure gypsies and travellers have access to the relevant care in a timely manner. This needs assessment will complement recent national qualitative data that looked at the lived experiences of several communities

An example of a trend graph from Fingertips used in the Sexual Health Needs Assessment

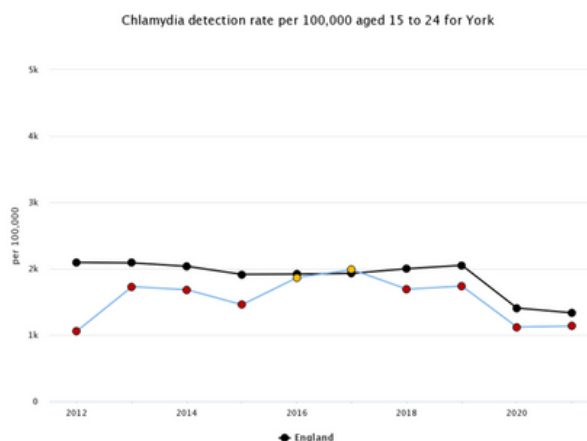
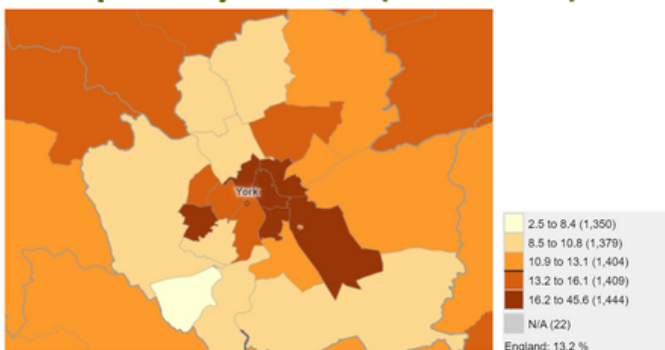


Figure 4: Chlamydia detection rate in York and England, 2012-2021

Cost of Living Respiratory Data Packs

Fuel poverty in York (2020 data)



YORK Population Health Hub

Wards with highest proportion of households in fuel poverty:

- Hull Road: 25.9%
- Clifton: 20.3%
- Heworth: 19.5%
- Fishergate: 19.3%
- Guildhall: 18.7%
- Westfield: 16.9%

The York Population Health Hub has been working on a datapack over the last month to identify how the cost-of-living crisis might impact health in York, and what potential prevention opportunities there might be within the health and care and wider systems.

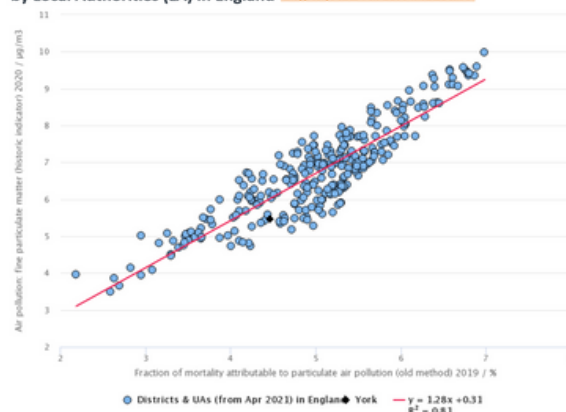
The pack focuses on:

- Respiratory Health – emergency department attendance/admissions
- Respiratory Health – population variance in outcomes
- Respiratory Health – GP practice variation in treatment
- Health impacts related to financial vulnerability
- Health impacts related to environmental vulnerability
- Health impacts related to housing vulnerability

It also identifies a number of recommendations for action from professionals, and 3 high priority city wards from a COL health impact perspective. GP practices are anonymised in the pack, but each practice has been provided with their own results to again target work on the most vulnerable.

The pack can be found by clicking [here](#).

Correlation Between Air Pollution Levels and Attributable Mortality by Local Authorities (LA) in England [Fingertips: Public Health Profiles](#)



Data shows a strong correlation ($R^2 = 0.81$) between high air pollution levels and deaths that can be directly linked to their exposure

York residents to receive lower my drinking support information via text



York residents over the age of 18 are set to be sent information how to lower their alcohol consumption via text for the very first time – in a partnership approach by City of York Council and GP Practices to provide more advice and help residents who wish to improve their health.

Over 120,000 text messages will be sent in January by local GP Practices to adults registered to receive text message alerts.

January is often a time to reflect and to make positive changes for the year ahead and beyond, so the aim of the text message campaign is to signpost to free health and wellbeing help via the [Lower My Drinking](http://www.lowermydrinking.com) website: www.lowermydrinking.com, which is available to York residents aged 18 and over.

Vale of York CCG commissioned a 'Waiting Well' dashboard, a data tool which means GP practices can now see their patients who are on an elective waiting list and assess their needs and risk factors in order to help support them 'while they wait'.



Nearly 20,000 people are on an elective waiting list in York

Around a quarter have been waiting longer than a year

The pandemic has had a big impact on the NHS, meaning that some patients are waiting longer for operations or procedures. To reassure patients that they have not been forgotten, we are working with Nimbuscare to utilise RAIDR data to identify patients who are on waiting lists who may benefit from support whilst waiting. We want to ensure that patients who are waiting for an operation are as well as they can be when they're due to have their surgery.

These patients will receive a text message outlining two options, to request a call from Nimbuscare or click on a link directing to Nimbuscare webpage recourse on self-management and selfcare planning.

The project will run for 12 months and it will be evaluated based on the number of patients who respond to the text message. To manage the volume of calls, approximately 100 patients will be texted each week. Those who request a call back will be offered support based on their needs, this could involve a referral to Health Trainer or Social Prescriber.

York Health and Care Partnership website and launch of the Prospectus

As part of the move to Integrated Care Systems and place based working, the York Health and Care Partnership brings together partners across health and care in York Place to deliver improvements in experience and outcomes for York's citizens. The Population Health Hub will act as a key enabler for the Partnership, supporting partners to deliver improvements to population health.

The Partnership's webpage is now live, including information about Partners, governance and our Health Prospectus for York 2022 and beyond. The Prospectus has been written at the start of a new stage for York's health and care system. It describes the state of that system in 2022, the changes we are currently putting in place, and what people have told us they would like to see in future years.

Please do take time to read the [Prospectus here](#) and share with colleagues working across our health and care system:

Purpose of this prospectus

This is not a strategy.

Strategies are helpful, and have their place. This, however is a deliberately short and readable 'prospectus' which has been written at the start of a new stage for York's health and care system. It describes the state of that system in 2022, the changes we are currently putting in place, and what people have told us they would like to see in future years.

Prospectus (noun)

- a) a preliminary printed statement that describes an enterprise
- b) something (such as a statement or situation) that forecasts the course or nature of something

Merriam Webster

This document was published in the first few months of a new organisation which plans healthcare in our region: **Humber and North Yorkshire Health and Care Partnership**.

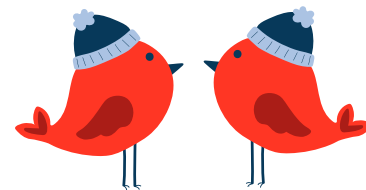
Within this partnership, York sits as one of six 'places'. A group of leaders from has been meeting in preparation for these changes since the start of 2021 but we have only been a formal committee (the **York Health and Care Partnership**) since July 2022.

During this preparation year, we have been doing a number of things:

- focussing on improving the relationships between health and care partners
- using data to understand population health need better, with the establishment of the York 'Population Health Hub'
- collaborating on improving care
- engaging with citizens and our partners

This work has culminated in the production of this document, which is a preliminary statement that describes:

Where we are
Where we want to be
How we start the journey



The next issue will be published in June 2023

With grateful thanks to all members of the Population Health Hub

The average life expectancy in the UK has risen almost 5% since the year 2000